

### We work with YOU...

## It's like having your own personal medication coach

Managing medications during a disability leave can be challenging. You may have multiple caregivers who don't share information, or may even receive different advice from different sources.

MedCheckUp gives you access to your own dedicated "Consulting Pharmacist"—a health care professional who works *with you* and for you.

### And, we work for YOU...

# Think of us as a trusted member of your health care team

Your HumanisRx® Consulting Pharmacist does not replace your current health care providers and instead works with your current team—offering more in-depth support than most community pharmacists can deliver.

We communicate directly with your health care providers to ensure the best possible use of medication.

# Promoting recovery

The MedCheckUp program is designed to help you use your medication in the best way possible, so you can feel better sooner and get back into life.

It's like a checkup for your medications.





Managing your medications can be challenging—so how do you know what's best for you?





# MedCheckUp—your HumanisRx Consulting Pharmacist

Licensed. Experienced. Dedicated to helping you with your health care needs.

The HumanisRx Consulting Pharmacist helps to ensure that you:

- Understand and track your prescription and over-the-counter medications
- Have the right medications at the right dosage for your needs
- Know how to take your medications for the best effect
- Address any drug interactions or side effects
- Remember to take your medications
- Have someone you can trust to answer your medication questions



Your Case Manager thinks the MedCheckUp program may benefit you—and we want to help you feel better sooner to get back into life.

Through a one-on-one phone consultation, your Consulting Pharmacist will review the medications you're taking and check in on how you're feeling. They'll answer your questions, offer recommendations, and (if applicable) follow-up with your health care team to make necessary changes—all at no cost to you.

#### Convenience and comfort

No awkward in-store discussions. No line-ups. No pressure. Just talk with your friendly Consulting Pharmacist on your time in the comfort of your home.

### **Completely confidential**

You can rest easy knowing that your medical information will be protected. We do not share your information with your employer, and all consultations are scheduled to respect your privacy.

Learn more about how MedCheckUp can help you. Visit www.humanisrx.ca

HumanisRx is an organization of licensed, experienced pharmacists dedicated to helping Canadians feel better.

Your HumanisRx Consulting Pharmacist will contact you soon for your MedCheckUp and to help you on the road to recovery.



